Registered number 03775203

Fresh Professional Development Ltd

Unaudited Filleted Accounts

31 December 2023

Fresh Professional Development LtdRegistered number:03775203Balance Sheet331 December 2023

Ν	lotes		2023 £		2022 £
Fixed assets			Ľ		I
Intangible assets	3		86,410		125,597
Tangible assets	4		20,966		21,647
		_	107,376	-	147,244
Current assets					
Debtors	5	232,858		215,940	
Cash at bank and in hand		81,227		87,146	
	-	314,085		303,086	
Creditors: amounts falling due within one	ć	(114.004)		(100,401)	
year	6	(114,894)		(108,401)	
Net current assets	-		199,191		194,685
Total assets less current liabilities		_	306,567	-	341,929
Creditors: amounts falling due after more than one year	7		(71,985)		(107,482)
Provisions for liabilities			(20,401)		(27,976)
Net assets		_	214,181	-	206,471
Capital and reserves					
Called up share capital			100		100
Profit and loss account			214,081		206,371
Shareholders' funds			214,181	-	206,471

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

W J R Cooper Director Approved by the board on 14 August 2024

Fresh Professional Development Ltd Notes to the Accounts for the year ended 31 December 2023

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Intangible fixed assets

Intangible fixed assets are measured at cost less accumulative amortisation and any accumulative impairment losses.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Plant and machinery	33% Declining Balance
Fixtures, fittings, tools and equipment	25% Declining balance

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

Pensions

Contributions to defined contribution plans are expensed in the period to which they relate.

2	Employees	2023 Number	2022 Number
	Average number of persons employed by the company	6	6
3	Intangible fixed assets Computer software:		£
	Cost		
	At 1 January 2023		287,784
	At 31 December 2023		287,784
	Amortisation		
	At 1 January 2023		162,187
	Provided during the year		39,187
	At 31 December 2023		201,374
	Net book value		
	At 31 December 2023		86,410
	At 31 December 2022		125,597

		Land and buildings £	Plant and machinery etc £	Total £
	Cost	-	-	-
	At 1 January 2023	19,584	38,886	58,470
	At 31 December 2023	19,584	38,886	58,470
	Depreciation			
	At 1 January 2023	-	36,823	36,823
	Charge for the year	-	681	681
	At 31 December 2023	-	37,504	37,504
	Net book value			
	At 31 December 2023	19,584	1,382	20,966
	At 31 December 2022	19,584	2,063	21,647
		15,504	2,005	21,047
5	Debtors		2023	2022
			£	£
	Trade debtors Amounts owed by group undertakings and		29,467	22,420
	undertakings in which the company has a p interest	participating	196,680	185,600
	Other debtors		6,711	7,920
			232,858	215,940
				210,010
-				
6	Creditors: amounts falling due within	one year	2023	2022
			£	£
	Bank loans and overdrafts		47,154	47,154
	Trade creditors		13,330	25,331
	Taxation and social security costs		35,790	31,798
	Other creditors		18,620	4,118
			114,894	108,401
7	Creditors: amounts falling due after o	ne vear	2023	2022
-		- , ••••	£	£
	Bank loans		71,985	107,482

8 Related party transactions

At year end Fresh Professional Development Limited's Intercompany Loan to Fresh Development Group Limited amounted to £186,680 (2022: £185,600). This balance is included within Debtors: Group Undertakings.

9 Controlling party

The parent company is Fresh Development Group Limited, registered office address: Charfield Hall Farm Little Bristol Lane, Charfield, Wotton-Under-Edge, Gloucestershire, GL12 8LN

10 Other information

Fresh Professional Development Ltd is a private company limited by shares and incorporated in England. Its registered office is: Charfield Hall, Little Bristol Lane Charfield Wotton-Under-Edge, Gloucestershire GL12 8LN