

Hands On Consultancy Limited

Abbreviated Accounts

31 December 2013

Hands On Consultancy Limited

Registered number: 03000247

Abbreviated Balance Sheet

as at 31 December 2013

	Notes	2013 £	2012 £
Fixed assets			
Tangible assets	2	579	579
Current assets			
Cash at bank and in hand		90,358	110,628
Net current assets		<hr/> 90,358	<hr/> 110,628
Net assets		<hr/> 90,937	<hr/> 111,207
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		90,837	111,107
Shareholders' funds		<hr/> 90,937	<hr/> 111,207

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

M Hands

Director

Approved by the board on 29 August 2014

Hands On Consultancy Limited

Notes to the Abbreviated Accounts

for the year ended 31 December 2013

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	20% straight line
Motor vehicles	25% straight line

Stocks

Stock is valued at the lower of cost and net realisable value.

2 Tangible fixed assets £

Cost

At 1 January 2013	12,272
At 31 December 2013	<u>12,272</u>

Depreciation

At 1 January 2013	11,693
At 31 December 2013	<u>11,693</u>

Net book value

At 31 December 2013	579
At 31 December 2012	<u>579</u>

3 Share capital	Nominal value	2013 Number	2013 £	2012 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	-	<u>100</u>	<u>100</u>