

**HEALTH FOR DEVELOPMENT LIMITED
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2021**

HEALTH FOR DEVELOPMENT LIMITED
Financial Statements
For The Year Ended 31 January 2021

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HEALTH FOR DEVELOPMENT LIMITED
Balance Sheet
As at 31 January 2021

Registered number: 05327559

		2021		2020	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	4		-		499
			-		499
CURRENT ASSETS					
Cash at bank and in hand		63		109,135	
		63		109,135	
Creditors: Amounts Falling Due Within One Year	5	(155)		(47,466)	
NET CURRENT ASSETS (LIABILITIES)			(92)		61,669
TOTAL ASSETS LESS CURRENT LIABILITIES			(92)		62,168
NET (LIABILITIES)/ASSETS			(92)		62,168
CAPITAL AND RESERVES					
Called up share capital	6		2,000		2,000
Profit and Loss Account			(2,092)		60,168
SHAREHOLDERS' FUNDS			(92)		62,168

HEALTH FOR DEVELOPMENT LIMITED
Balance Sheet (continued)
As at 31 January 2021

For the year ending 31 January 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.
- The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

**Mrs CHRISTINE
THAYER**

Director

19th March 2021

The notes on pages 3 to 5 form part of these financial statements.

HEALTH FOR DEVELOPMENT LIMITED
Notes to the Financial Statements
For The Year Ended 31 January 2021

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably. Foreign currency transactions are converted to sterling on the transaction date. Depreciation is provided at rates calculated to write off the cost of tangible assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	20 % W.D.V.
Fixtures & Fittings	15 % W.D.V.

1.4. Foreign Currencies

Monetary assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the date of the Transaction. Foreign currencies are translated into sterling at the rate ruling on the date of the transaction. Exchange differences are taken into account in arriving at the operating profit.

1.5. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable profit for the year. Taxable profit differs from profit as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable profit. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable profits will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable profits will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in profit or loss, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

HEALTH FOR DEVELOPMENT LIMITED
Notes to the Financial Statements (continued)
For The Year Ended 31 January 2021

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows:

	2021	2020
Sales, marketing and distribution	1	1
	<u>1</u>	<u>1</u>

4. Tangible Assets

	Plant & Machinery £
Cost	
As at 1 February 2020	7,846
Disposals	(499)
As at 31 January 2021	<u>7,347</u>
Depreciation	
As at 1 February 2020	7,347
As at 31 January 2021	<u>7,347</u>
Net Book Value	
As at 31 January 2021	-
As at 1 February 2020	<u>499</u>

5. Creditors: Amounts Falling Due Within One Year

	2021 £	2020 £
Trade creditors	-	5,354
Corporation tax	155	-
Other creditors	-	708
Other creditors (1)	-	641
Director's loan account	-	40,763
	<u>155</u>	<u>47,466</u>

6. Share Capital

	2021	2020
Allotted, Called up and fully paid	<u>2,000</u>	<u>2,000</u>

7. Directors Advances, Credits and Guarantees

Dividends paid to directors

	2021 £	2020 £
Mrs CHRISTINE THAYER	34,770	14,700

HEALTH FOR DEVELOPMENT LIMITED
Notes to the Financial Statements (continued)
For The Year Ended 31 January 2021

8. Dividends

	2021	2020
	£	£
On equity shares:		
Final dividend paid	69,540	29,401
	<u>69,540</u>	<u>29,401</u>

An Interim & Final Dividend has been paid in the year at £ 34.70 per Ordinary Share (2020 £ 14.70 was paid)

9. General Information

HEALTH FOR DEVELOPMENT LIMITED is a private company, limited by shares, incorporated in England & Wales, registered number 05327559 . The registered office is 44 GREENWAY, FRINTON ON SEA, ESSEX, CO13 9AL.