

**ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2012**

**FOR**

**HIGH PERFORMANCE TRAINING LIMITED**

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**FOR THE YEAR ENDED 31 DECEMBER 2012**

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**HIGH PERFORMANCE TRAINING LIMITED**

**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 DECEMBER 2012**

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**DIRECTORS:** Mr C A Liddle  
Dr M J V Fennell

**SECRETARY:** Mr C A Liddle

**REGISTERED OFFICE:** 50 Divinity Road  
Oxford  
Oxfordshire  
OX4 1LJ

**REGISTERED NUMBER:** 02999935

**ACCOUNTANTS:** Partridges  
Chartered Certified Accountants  
Wellington House  
Aylesbury Road  
Princes Risborough  
Buckinghamshire  
HP27 0JP

**BANKERS:** HSBC  
65 Cornmarket  
Oxford  
OX1 3HY

**ABBREVIATED BALANCE SHEET**  
**31 DECEMBER 2012**

	Notes	31.12.12 £	£	31.12.11 £	£
<b>FIXED ASSETS</b>					
Tangible assets	2		623		726
<b>CURRENT ASSETS</b>					
Debtors		8,221		19,178	
Cash at bank		<u>31,689</u>		<u>5,667</u>	
		<b>39,910</b>		<b>24,845</b>	
<b>CREDITORS</b>					
Amounts falling due within one year		<u>15,578</u>		<u>17,531</u>	
<b>NET CURRENT ASSETS</b>			<b>24,332</b>		<b>7,314</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<b><u>24,955</u></b>		<b><u>8,040</u></b>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	3		1		1
Profit and loss account			<u>24,954</u>		<u>8,039</u>
<b>SHAREHOLDERS' FUNDS</b>			<b><u>24,955</u></b>		<b><u>8,040</u></b>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2012.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2012 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the
- (a) Companies Act 2006
- and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each
- financial year and of its profit or loss for each financial year in accordance with the requirements of
- (b) Sections 394 and 395
- and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as
- applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 20 March 2013 and were signed on its behalf by:

Mr C A Liddle - Director

The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2012**

**1. ACCOUNTING POLICIES****Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial

Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover represents net invoiced sales of services, excluding value added tax.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc            -    20% on cost

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**2. TANGIBLE FIXED ASSETS**

	<b>Total £</b>
<b>COST</b>	
At 1 January 2012	<b>2,182</b>
Additions	<b>99</b>
At 31 December 2012	<b><u>2,281</u></b>
<b>DEPRECIATION</b>	
At 1 January 2012	<b>1,456</b>
Charge for year	<b>202</b>
At 31 December 2012	<b><u>1,658</u></b>
<b>NET BOOK VALUE</b>	
At 31 December 2012	<b><u>623</u></b>
At 31 December 2011	<b><u>726</u></b>

**3. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	<b>31.12.12 £</b>	31.12.11 £
1	Ordinary	£1	<b><u>1</u></b>	<u>1</u>

**NOTES TO THE ABBREVIATED ACCOUNTS - continued**  
**FOR THE YEAR ENDED 31 DECEMBER 2012**

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**4. RELATED PARTY DISCLOSURES**

Included within Other Debtors is £0 (2011: £5,169). The previous year balance related to amounts owing from a director;

Mr C A Liddle. This was fully repaid within the current year and the loan did not attract interest.