

Hypnofit Ltd

Annual Report and Financial Statements

for the Year Ended 30 November 2018

AccountingforTax
Certified Accountants
Strandway House
Oldhouse Lane
Windlesham
Surrey
GU20 6BX

Hypnofit Ltd

Contents

Company Information	1
Balance Sheet	2 to 4
Notes to the Financial Statements	3

Hypnofit Ltd

Company Information

Director Mr Ian Hawkins

Company secretary Mr Ian Hawkins

Registered office 27 Old Gloucester Street
London
WC1N 3AX

Accountants AccountingforTax
Certified Accountants
Strandway House
Oldhouse Lane
Windlesham
Surrey
GU20 6BX

Hypnofit Ltd

(Registration number: 05995734) Balance Sheet as at 30 November 2018

	Note	2018 £	2017 £
Fixed assets		<u>1,544</u>	<u>2,059</u>
Current assets		16,205	14,960
Prepayments and accrued income		-	1,513
Creditors: Amounts falling due within one year		<u>(42,857)</u>	<u>(42,446)</u>
Net current liabilities		<u>(26,652)</u>	<u>(25,973)</u>
Total assets less current liabilities		(25,108)	(23,914)
Accruals and deferred income		<u>(1,288)</u>	<u>(1,288)</u>
		<u>(26,396)</u>	<u>(25,202)</u>
Capital and reserves		<u>(26,396)</u>	<u>(25,202)</u>

The notes on page [3](#) form an integral part of these financial statements.

Hypnofit Ltd

(Registration number: 05995734) Balance Sheet as at 30 November 2018

Notes to the Financial Statements for the Year Ended 30 November 2018

1 General information

The company is a private company limited by share capital incorporated in United Kingdom.

The address of its registered office is:
27 Old Gloucester Street
London
WC1N 3AX

These financial statements were authorised for issue by the director on 30 August 2019.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

Hypnofit Ltd

(Registration number: 05995734) Balance Sheet as at 30 November 2018

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 30 November 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the director on 30 August 2019

.....

Mr Ian Hawkins

Company secretary and director

The notes on page [3](#) form an integral part of these financial statements.