

Life Styled Planners Limited

Unaudited Filleted Accounts

31 May 2022

Bounce
back loan

Bounce
back loan

Life Styled Planners Limited**Registered number:** 10165495**Balance Sheet****as at 31 May 2022**

	Notes	2022	2021
		£	£
Fixed assets			
Tangible assets	3	290	-
Current assets			
Stocks		9,750	2,500
Cash at bank and in hand		321	692
		<u>10,071</u>	<u>3,192</u>
Creditors: amounts falling due within one year	4	(11,234)	(7,888)
Net current liabilities		<u>(1,163)</u>	<u>(4,696)</u>
Total assets less current liabilities		<u>(873)</u>	<u>(4,696)</u>
Creditors: amounts falling due after more than one year	5	(2,431)	(3,325)
Net liabilities		<u>(3,304)</u>	<u>(8,021)</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		(3,404)	(8,121)
Shareholders' funds		<u>(3,304)</u>	<u>(8,021)</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Louise Rodrigues

Director

Approved by the board on 15 November 2022

Life Styled Planners Limited
Notes to the Accounts
for the year ended 31 May 2022

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Grant income

Grant income received as part of COVID-19 discretionary grants are recognised in the profit and loss as the business is entitled to each grant. This income is recognised on the accruals basis and is disclosed within other operating income.

Stocks

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

Foreign currency translation

Transactions in foreign currencies are initially recognised at the rate of exchange ruling at the date of the transaction. At the end of each reporting period foreign currency monetary items are translated at the closing rate of exchange. Non-monetary items that are measured at historical cost are translated at the rate ruling at the date of the transaction. All differences are charged to profit or loss.

2 Employees	2022 Number	2021 Number
Average number of persons employed by the company	-	-

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
Additions	355
At 31 May 2022	355
Depreciation	
Charge for the year	65
At 31 May 2022	65
Net book value	
At 31 May 2022	290

4 Creditors: amounts falling due within one year	2022 £	2021 £
Bounce back loan	900	675

Other creditors	10,334	7,213
	<u>11,234</u>	<u>7,888</u>

5 Creditors: amounts falling due after one year	2022	2021
	£	£
Bounce back loan	<u>2,431</u>	<u>3,325</u>

6 Related party transactions

During the year, the director received remuneration totalling £nil (2021: £nil) and dividends totalling £nil (2021: £nil).

7 Controlling party

The company was controlled throughout the period by its director Louise Rodrigues.

8 Going Concern

As with most businesses we have been impacted by the Coronavirus (Covid 19) in previous years. This has had an impact on our operations, customers, suppliers and staff. We have (where appropriate) utilised the grants and benefits available from the Government and are taking all the steps we can to protect the future of our business. Although the total impact is still uncertain the director believes that it is appropriate to prepare the accounts on a going concern basis.

9 Other information

Life Styled Planners Limited is a private company limited by shares and incorporated in England. Its registered office is:

1 The Willows, The Hollow
Chirton
Devizes
Wiltshire
SN10 3QP