Registered number: 10165495

LIFE STYLED PLANNERS LIMITED UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

Starfish Accounting Ltd ICAEW The Bowler Barn Bartletts Court Littlewick Green Berkshire SL6 3RX

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Life Styled Planners Limited Balance Sheet As At 31 May 2024

Registered number: 10165495

		2024		2023	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	4		148	_	219
			148		219
CURRENT ASSETS	_	5.000		1 700	
Stocks	5	5,000		1,788	
Debtors	6	181		217	
Cash at bank and in hand		59	_	631	
		5,240		2,636	
Creditors: Amounts Falling Due Within One Year	7	(17,523)	_	(13,041)	
NET CURRENT ASSETS (LIABILITIES)			(12,283)	_	(10,405)
TOTAL ASSETS LESS CURRENT LIABILITIES			(12,135)	_	(10,186)
Creditors: Amounts Falling Due After More Than One Year	8		(933)	_	(1,733)
NET LIABILITIES			(13,068)	<u>-</u>	(11,919)
CAPITAL AND RESERVES				_	
Called up share capital	9		100		100
Profit and Loss Account			(13,168)		(12,019)
		•		_	
SHAREHOLDERS' FUNDS			(13,068)		(11,919)
		:		_	

Life Styled Planners Limited Balance Sheet (continued) As At 31 May 2024

For the year ending 31 May 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

Louise Rodrigues	
Director	

On behalf of the board

10/02/2025

The notes on pages 3 to 4 form part of these financial statements.

Life Styled Planners Limited Notes to the Financial Statements For The Year Ended 31 May 2024

1. General Information

Life Styled Planners Limited is a private company, limited by shares, incorporated in England & Wales, registered number 10165495. The registered office is 23 Glover Crescent, Arborfield Green, Reading, RG2 9TW.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Going Concern Disclosure

At the time of approving the financial statements, the director has a reasonable expectation that the company has adequate resources to continue in operational existance for the foreseeable future. Thus, the director continues to adopt the going concern basis of accounting in preparing the financial statements.

2.3. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

2.4. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery

5 years straight line

2.5. Stocks and Work in Progress

Stocks and work in progress are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads. Work-in-progress is reflected in the accounts on a contract by contract basis by recording turnover and related costs as contract activity progresses.

2.6. Foreign Currencies

Monetary assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate ruling on the date of the transaction. Exchange differences are taken into account in arriving at the operating profit.

3. Average Number of Employees

Average number of employees, including directors, during the year was: NIL (2023: NIL)

4. Tangible Assets

	Machinery
	£
Cost	
As at 1 June 2023	355
As at 31 May 2024	355
Depreciation	
As at 1 June 2023	136
Provided during the period	71
As at 31 May 2024	207
	CONTINUED

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Plant &

Life Styled Planners Limited Notes to the Financial Statements (continued) For The Year Ended 31 May 2024

Net Book Value		
As at 31 May 2024		148
As at 1 June 2023		219
5. Stocks		
	2024	2023
	£	£
Stock	5,000	1,788
6. Debtors		
	2024	2023
	£	£
Due within one year		
Prepayments and accrued income	181	217
7. Creditors: Amounts Falling Due Within One Year		
	2024	2023
	£	£
Bank loans and overdrafts	800	800
Other loans	1,561	1,309
Other creditors	15,162	10,932
	17,523	13,041
8. Creditors: Amounts Falling Due After More Than One Year		
3	2024	2023
	£	£
Bank loans	933	1,733
9. Share Capital		
	2024	2023
	£	£
Allotted, Called up and fully paid	100	100

10. Ultimate Controlling Party

The company was controlled throughout the period by it's director, Louise Rodrigues.