

Morecambe Health Foods Ltd

Unaudited Filleted Accounts

31 August 2019

Morecambe Health Foods Ltd**Registered number: 04523259****Balance Sheet****as at 31 August 2019**

	2019	2018
	£	£
Fixed assets	701	-
Current assets	44,315	42,680
Prepayments and accrued income	187	106
	<u>44,502</u>	<u>42,786</u>
Creditors: amounts falling due within one year	<u>(41,940)</u>	<u>(38,497)</u>
Net current assets	<u>2,562</u>	<u>4,289</u>
Total assets less current liabilities	<u>3,263</u>	<u>4,289</u>
Accruals and deferred income	<u>(1,504)</u>	<u>(1,450)</u>
Net assets	<u>1,759</u>	<u>2,839</u>
 Capital and reserves	 <u>1,759</u>	 <u>2,839</u>
	 Number	 Number
Average number of employees	<u>4</u>	<u>4</u>

The company is a private company limited by shares and incorporated in England. Its registered office is 9 Pedder Street, Morecambe, Lancashire, LA4 5DY.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

N Parker

Director

Approved by the board on 20 November 2019