

Abbreviated Unaudited Accounts for the Year Ended 31 July 2013

for

Peak Performance Coaching Limited

Sterling Financial Accountancy Services Limited  
The Old Bank Chambers  
27 Lincoln Croft  
Shenstone  
Staffordshire  
WS14 0ND

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for the Year Ended 31 July 2013

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Peak Performance Coaching Limited

Company Information  
for the Year Ended 31 July 2013

**DIRECTOR:** Lesley Anne Matile

**REGISTERED OFFICE:** Oldacre House  
16 Court Drive  
Shenstone  
Lichfield  
Staffordshire  
WS14 0JG

**REGISTERED NUMBER:** 04246705 (England and Wales)

**ACCOUNTANTS:** Sterling Financial Accountancy Services Limited  
The Old Bank Chambers  
27 Lincoln Croft  
Shenstone  
Staffordshire  
WS14 0ND

Chartered Accountants' Report to the Director  
on the Unaudited Financial Statements of  
Peak Performance Coaching Limited

**The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages three to four) have been prepared.**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Peak Performance Coaching Limited for the year ended 31 July 2013 which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at [icaew.com/membershandbook](http://icaew.com/membershandbook).

This report is made solely to the director of Peak Performance Coaching Limited in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Peak Performance Coaching Limited and state those matters that we have agreed to state to the director of Peak Performance Coaching Limited in this report in accordance with AAF 2/10 as detailed at [icaew.com/compilation](http://icaew.com/compilation). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its director for our work or for this report.

It is your duty to ensure that Peak Performance Coaching Limited has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Peak Performance Coaching Limited. You consider that Peak Performance Coaching Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of Peak Performance Coaching Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Sterling Financial Accountancy Services Limited  
The Old Bank Chambers  
27 Lincoln Croft  
Shenstone  
Staffordshire



Abbreviated Balance Sheet  
31 July 2013

	Notes	31.7.13 £	31.7.12 £
<b>CURRENT ASSETS</b>			
Debtors		3,765	7,801
Cash at bank		<u>29,943</u>	<u>47,494</u>
		33,708	55,295
<b>CREDITORS</b>			
Amounts falling due within one year		<u>21,992</u>	<u>46,376</u>
<b>NET CURRENT ASSETS</b>		<u>11,716</u>	<u>8,919</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>11,716</u>	<u>8,919</u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	3	2	2
Profit and loss account		<u>11,714</u>	<u>8,917</u>
<b>SHAREHOLDERS' FUNDS</b>		<u>11,716</u>	<u>8,919</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2013 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and
- (a) 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of
- each financial year and of its profit or loss for each financial year in accordance with the
- (b) requirements of Sections
- 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial
- statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 12 December 2013 and were signed by:

Lesley Anne Matile - Director

Notes to the Abbreviated Accounts  
for the Year Ended 31 July 2013

1. **ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover represents net invoiced sales of goods, excluding value added tax.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings        - at variable rates on reducing balance  
Computer equipment        - at variable rates on reducing balance

2. **TANGIBLE FIXED ASSETS**

Total  
£

**COST**

At 1 August 2012  
and 31 July 2013

1,199

**DEPRECIATION**

At 1 August 2012  
and 31 July 2013

1,199

**NET BOOK VALUE**

At 31 July 2013  
At 31 July 2012

-  
-

3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.7.13 £	31.7.12 £
2	Ordinary	£1	<u>2</u>	<u>2</u>