

COMPANY REGISTRATION NUMBER: 04549339

The Origin Health and Fitness Limited
Filleted Unaudited Financial Statements
31 October 2023

The Origin Health and Fitness Limited

Financial Statements

Year ended 31 October 2023

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The Origin Health and Fitness Limited

Statement of Financial Position

31 October 2023

	2023	2022
	£	£
Fixed assets	67,281	32,654
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Current assets	63,689	74,100
Prepayments and accrued income	5,954	8,202
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	69,643	82,302
Creditors: amounts falling due within one year	31,358	46,008
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Net current assets	38,285	36,294
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Total assets less current liabilities	105,566	68,948
Creditors: amounts falling due after more than one year	74,443	48,676
Accruals and deferred income	8,400	3,600
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	22,723	16,672
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Capital and reserves	22,723	16,672
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Notes to the financial statements

1. Employee numbers

The average number of persons employed by the company during the year amounted to 3 (2022: 3).

2. Director's advances, credits and guarantees

During the year the director entered into the following advances and credits with the company:

	2023		
	Balance brought forward	Advances/ (credits) to the director	Balance outstanding
	£	£	£
Mr Kevin Alan Reynolds	(13,952)	23,301	9,349
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	2022		
	Balance brought forward	Advances/ (credits) to the director	Balance outstanding
	£	£	£
Mr Kevin Alan Reynolds	-	(13,952)	(13,952)
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The amount of £9,349 owed by the the director has been fully repaid whitin nine months of the year end.

For the year ending 31 October 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 ;
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements .

These financial statements have been prepared in accordance with the micro-entity provisions and have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the board of directors and authorised for issue on 30 July 2024 , and are signed on behalf of the board by:

Mr Kevin Alan Reynolds

Director

Company registration number: 04549339

The company is a private company limited by shares, registered in England and Wales. The address of the registered office is 22 West Green Road, London, N15 5NN, United Kingdom.

