

Company Registration No. 08861845 (England and Wales)

TONIK ROK LIMITED

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2018

PAGES FOR FILING WITH REGISTRAR

TONIK ROK LIMITED

CONTENTS

	Page
Balance sheet	1 - 2
Statement of changes in equity	3
Notes to the financial statements	4 - 10

TONIK ROK LIMITED**BALANCE SHEET****AS AT 31 JANUARY 2018**

	Notes	2018		2017	
		£	£	£	£
Fixed assets					
Tangible assets	3	19,398		29,828	
Investment properties	4	1,690,400		1,295,000	
		<u>1,709,798</u>		<u>1,324,828</u>	
Current assets					
Debtors	5	20,317		20,588	
Cash at bank and in hand		140,787		153,830	
		<u>161,104</u>		<u>174,418</u>	
Creditors: amounts falling due within one year	6	(1,656,764)		(1,193,479)	
Net current liabilities		(1,495,660)		(1,019,061)	
Total assets less current liabilities		<u>214,138</u>		<u>305,767</u>	
Provisions for liabilities	7	(82,666)		(56,350)	
Net assets		<u>131,472</u>		<u>249,417</u>	
Capital and reserves					
Called up share capital	8	3		3	
Revaluation reserve		448,932		296,065	
Profit and loss reserves		(317,463)		(46,651)	
Total equity		<u>131,472</u>		<u>249,417</u>	

TONIK ROK LIMITED

BALANCE SHEET (CONTINUED)

AS AT 31 JANUARY 2018

The directors of the company have elected not to include a copy of the profit and loss account within the financial statements.

For the financial year ended 31 January 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 31 October 2018 and are signed on its behalf by:

Mr D Krok
Director

Company Registration No. 08861845

TONIK ROK LIMITED**STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 31 JANUARY 2018**

		Share capital	Revaluation reserve	Profit and loss reserves	Total
	Notes	£	£	£	£
Balance at 1 February 2016		2	-	(28,279)	(28,277)
Year ended 31 January 2017:					
Profit and total comprehensive income for the year		-	-	277,693	277,693
Issue of share capital	8	1	-	-	1
Transfers		-	296,065	(296,065)	-
		<u>3</u>	<u>296,065</u>	<u>(46,651)</u>	<u>249,417</u>
Balance at 31 January 2017		3	296,065	(46,651)	249,417
Year ended 31 January 2018:					
Loss and total comprehensive income for the year		-	-	(117,945)	(117,945)
Transfers		-	152,867	(152,867)	-
		<u>3</u>	<u>448,932</u>	<u>(317,463)</u>	<u>131,472</u>
Balance at 31 January 2018		<u>3</u>	<u>448,932</u>	<u>(317,463)</u>	<u>131,472</u>

TONIK ROK LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2018

1 Accounting policies

Company information

Tonik Rok Limited is a private company limited by shares incorporated in England and Wales. The registered office is Quadrant House - Floor 6, 4 Thomas More Square, London, E1W 1YW.

1.1 Accounting convention

These financial statements have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the requirements of the Companies Act 2006 as applicable to companies subject to the small companies regime. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include investment properties at fair value. The principal accounting policies adopted are set out below.

1.2 Turnover

Turnover represents rents receivable.

1.3 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	20% straight line basis
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is credited or charged to profit or loss.

1.4 Investment properties

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

Where fair value cannot be achieved without undue cost or effort, investment property is accounted for as tangible fixed assets.

TONIK ROK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JANUARY 2018

1 Accounting policies

(Continued)

1.5 Impairment of fixed assets

At each reporting period end date, the company reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any). Where it is not possible to estimate the recoverable amount of an individual asset, the company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

If the recoverable amount of an asset (or cash-generating unit) is estimated to be less than its carrying amount, the carrying amount of the asset (or cash-generating unit) is reduced to its recoverable amount. An impairment loss is recognised immediately in profit or loss, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease. Recognised impairment losses are reversed, and only if the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset (or cash-generating unit) is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset (or cash-generating unit) in prior years. A reversal of an impairment loss is recognised immediately in profit or loss, unless the relevant asset is carried at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

1.6 Cash at bank and in hand

Cash at bank and in hand are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

TONIK ROK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 JANUARY 2018

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Basic financial liabilities

Basic financial liabilities, including creditors, bank loans, loans from fellow group companies and preference shares that are classified as debt, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.8 Equity instruments

Equity instruments issued by the company are recorded at the proceeds received, net of direct issue costs. Dividends payable on equity instruments are recognised as liabilities once they are no longer at the discretion of the company.

1.9 Taxation

The tax expense represents the sum of the tax currently payable and deferred tax.

Current tax

The tax currently payable is based on taxable profit for the year. Taxable profit differs from net profit as reported in the profit and loss account because it excludes items of income or expense that are taxable or deductible in other years and it further excludes items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the reporting end date.

TONIK ROK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 JANUARY 2018

1 Accounting policies

(Continued)

Deferred tax

Deferred tax liabilities are generally recognised for all timing differences and deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Such assets and liabilities are not recognised if the timing difference arises from goodwill or from the initial recognition of other assets and liabilities in a transaction that affects neither the tax profit nor the accounting profit.

The carrying amount of deferred tax assets is reviewed at each reporting end date and reduced to the extent that it is no longer probable that sufficient taxable profits will be available to allow all or part of the asset to be recovered. Deferred tax is calculated at the tax rates that are expected to apply in the period when the liability is settled or the asset is realised. Deferred tax is charged or credited in the profit and loss account, except when it relates to items charged or credited directly to equity, in which case the deferred tax is also dealt with in equity. Deferred tax assets and liabilities are offset when the company has a legally enforceable right to offset

1.10 Employee benefits Current tax assets and liabilities and the deferred tax assets and liabilities relate to taxes levied by the same tax authority. The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide

2 Employees benefits.

The average monthly number of persons (including directors) employed by the company during the year was 3 (2017 - 3).

TONIK ROK LIMITED**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 JANUARY 2018****3 Tangible fixed assets**

	Fixtures, fittings & equipment
Cost	
At 1 February 2017 and 31 January 2018	52,150
Depreciation and impairment	
At 1 February 2017	22,322
Depreciation charged in the year	10,430
At 31 January 2018	32,752
Carrying amount	
At 31 January 2018	19,398
At 31 January 2017	29,828

4 Investment property

	2018
	£
Fair value	
At 1 February 2017	1,295,000
Additions	216,217
Revaluations	179,183
At 31 January 2018	1,690,400

Investment property comprises of a portfolio of rental properties. The fair value of the investment property has been arrived at on the basis of a valuation carried out by the directors.

5 Debtors

	2018	2017
	£	£
Amounts falling due within one year:		
Other debtors	7,284	-
Prepayments and accrued income	2,388	3,616
Deferred tax asset (note 7)	10,645	16,972
	20,317	20,588

TONIK ROK LIMITED**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 JANUARY 2018****6 Creditors: amounts falling due within one year**

	2018	2017
	£	£
Trade creditors	860	-
Corporation tax	-	7,846
Other taxation and social security	527	-
Other creditors	1,581,532	1,081,532
Accruals and deferred income	73,845	104,101
	<u>1,656,764</u>	<u>1,193,479</u>

7 Deferred taxation

Deferred tax assets and liabilities are offset where the company has a legally enforceable right to do so. The following is the analysis of the deferred tax balances (after offset) for financial reporting purposes:

	Liabilities	Liabilities	Assets	Assets
	2018	2017	2018	2017
Balances:	£	£	£	£
Revaluations	82,666	56,350	-	-
Other timing differences	-	-	10,645	16,972
	<u>82,666</u>	<u>56,350</u>	<u>10,645</u>	<u>16,972</u>

8 Called up share capital

	2018	2017
	£	£
Ordinary share capital		
Issued and fully paid		
3 Ordinary shares of £1 each	3	3
	<u>3</u>	<u>3</u>

TONIK ROK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 JANUARY 2018

9 Directors' transactions

Included in current liabilities is a loan from Mr D Krok, a director, of £831,535 (2017: £581,535). Interest at 5% has been charged on this loan amounting to £34,786 (2017: £31,290).

Included in current liabilities is a loan from Ms S Krok, a director, of £749,999 (2017: £499,999). Interest at 5% has been charged on this loan amounting to £28,296 (2017: £16,129).

The interest on these loans has not been paid and is included in accruals.

